



Happyness is not only by chance , but also by choice.

Every treatment at Jeewak Ayurveda is personalized—crafted after a deep understanding of your unique body constitution (Prakriti) and health needs.

To empower people to lead healthier, happier, and more balanced lives through time-tested Ayurvedic knowledge and compassionate care.



JEEWAK LIFECARE PVT LTD

Inspired by the principles of Jeewak Rishi, the legendary healer of Ayurveda, we combine traditional wisdom with modern wellness practices to help individuals achieve natural health and vitality.

Office Hours :
Mon - Sat : 10:00 am to 5:00 pm
Website : www.jeewak.com
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JEEWAK LIFECARE PVT.LTD.

Head Office - 604, 6th Floor JB Metro Height Transport Nagar Kanpur Road Lucknow , 226012

OUR BRNADS



ABOUT "JEEWAK"

At Jeewak Ayurveda, we believe true healing comes from nature. Guided by the ancient science of Ayurveda, our mission is to restore balance to the body, mind, and spirit through authentic therapies, herbal treatments, and holistic lifestyle guidance.

HEALTH ADVISOR

At Jeewak Ayurveda, our Health Advisors play a vital role in guiding individuals towards a healthier and more balanced life through the principles of Ayurveda. Our Health Advisors are trained to understand the unique body constitution (Prakriti) of each individual and provide personalized wellness guidance. They focus on natural healing, preventive care, and lifestyle correction rather than temporary solutions.

CLINIC

Jeewak Clinic is a holistic Ayuric wellness center focused on restoring health naturally through authentic Ayurvedic principles. We emphasize preventive care, lifestyle correction, and natural healing to support long-term well-being.

We believe true health is not merely the absence of disease, but a balanced state of physical, mental, and emotional well-being.

HOSPITAL

Jeewak Hospital is a holistic healthcare institution offering natural, effective, and patient-centric treatment through Ayurveda integrated with modern healthcare practices. We focus on addressing the root cause of illness, promoting preventive care, and supporting long-term recovery and wellness, with compassionate and personalized attention for every patient.

Inspired by Jeewak Rishi, the legendary Ayurvedic healer, we blend traditional wisdom with modern wellness practices to promote natural health and vitality. Each treatment is personalized, based on a deep understanding of your unique body constitution (Prakriti) and health needs.

Our experienced Ayurvedic doctors, therapists, and wellness experts are dedicated to providing genuine care, high-quality herbal formulations, and a calm, healing environment.

OUR VALUE :

At Jeewak Ayurveda, we believe in authentic Ayurvedic wisdom, natural healing, and ethical healthcare. We are committed to quality, trust, and personalized wellness, focusing on preventive care to support healthier lives naturally.

ALL IN ONE For Whole Body Active Rich



Active Rich Capsules are a premium health supplement formulated with powerful antioxidants and essential nutrients. They help boost immunity, brain function, and overall wellness, supporting an active and healthy lifestyle.



BENEFITS OF ACTIVE RICH

एक्टिव रिच कैप्सुल्स एक उच्च गुणवत्ता वाला हेल्थ सप्लीमेंट है, जो इम्युनिटी, दिमागी क्षमता और संपूर्ण स्वास्थ्य को बेहतर बनाने में मदद करता है। इसमें एंटीऑक्सीडेंट्स और प्रीमियम पोषक तत्व शामिल हैं।

1. It regulates sugar -- यह शुगर को नियंत्रित करता है
2. It controls energy -- यह ऊर्जा को नियंत्रित करता है
3. It increases mental concentration -- इससे मानसिक एकाग्रता बढ़ती है
4. It helps in the absorption of calcium यह कैल्शियम के अवशोषण में मदद करता है।
5. It makes hormones यह हार्मोन बनाता है
6. It makes antibodies यह एंटीबॉडीज बनाता है
7. It makes red and white blood cells- यह लाल और सफेद रक्त कोशिकाओं को बनाता है
8. It strengthens the heart- यह हार्ट को मजबूत बनाता है
9. It relieves fatigue - यह थकान से राहत देता है।
10. It removes irritability - यह चिड़चिड़ापन को दूर करता है
11. It cures anemia (iron deficiency) 1- यह एनीमिया (IRON की कमी) को ठीक करता है
12. It prevents hair fall यह बालों को झड़ने से रोकता है
13. It removes toxins from the liver - यह लिवर से जहरीले तत्वों को निकालता है
14. It builds liver and kidney tissues - यह लिवर और किडनी के उत्तकों को बनाता है
15. It improves digestion - यह पाचन में सुधार करता है
16. It strengthens muscles - यह मांसपेशियों को मजबूत करता है
17. It helps osteoporosis - यह ऑस्टियोपोरोसिस में मदद करता है।
18. It reduces depression यह अवसाद को कम करता है
19. It improves Temy - यह पादपाशा बढ़ाता है
20. It builds collagen यह कोलेजन बनाता है
21. It helps in controlling migraine - यह माइग्रेन को कंट्रोल करने में मदद करता है।
22. It provides benefits in arthritis _ यह गठिया में लाभ प्रदान करता है।
23. It reduces hyperactivity - यह हाइपर गतिविधि को कम करता है।
24. It helps to lose weight यह वजन कम करने में मदद करता है
25. It cures insomnia - यह अनिद्रा को ठीक करता है
26. It repairs tissues यह ऊतकों की मरम्मत करता है
27. It regulates cholesterol - यह कोलेस्ट्रॉल को नियंत्रित करता है।



HEALTH CARE

PERSONAL CARE

BEAUTY CARE

KIDS CARE

AGRO CARE

ORGANIC CARE

PET CARE